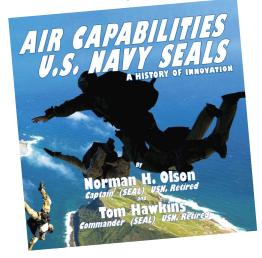


Norman H. Olson, Captain (SEAL) USN, Retired and Tom Hawkins, Commander (SEAL) USN, Retired

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Author Captain Norman Olson retired from the Navy SEAL Teams with over 30 years commissioned service, spanning the Korean Police Action, Vietnam Conflict, and Cold War. Much of the book includes his first-person accounts as Officer in Charge of the first detachment of Frogmen to attend the U.S. Army's Basic Airborne Training School, and his actions and activities as founder of the first UDT-SEAL Parachute Demonstration Team. His experiences are expanded with the personal recollections of other frogmen who lived this story. Captain Olson made his 4,000th freefall jump on 14 March 2011, his 80th birthday.

Co-author Commander Tom Hawkins retired from the U.S. Navy after 24-years active service as a career SEAL and Naval Special Warfare (NSW) officer. He is a Naval Special Warfare historian, former editor of The Blast: Journal of Naval Special Warfare, and is a sought-after source. He was featured in the recent PBS documentary: Untold Story of the U.S. Navy SEALs and other documentaries, wrote The History and Heritage of U.S. *Navy SEALs* published by the Pritzker Military Museum and Library in Chicago and contributed to the book United States Naval Special Warfare U.S. Navy SEALs. Tom founded Phoca Press to serve as an outlet for the wealth of material of educational and historical importance especially surrounding maritime special operations.



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